

SEPTEMBER

SUN

MON

TUE

WED

THU

FRI

SAT

1 T/J: Therapeutic journaling P/S: Peer Support P/E: Psychoeducational T/A: Therapeutic Art	2 LABOR DAY	3 11- P/E: Effective Communication 1:30- P/S: Peer Support	4 11- P/E Mindful Talk 1:30- S/S Talent Show Practice	5 11- S/G: Walmart 1:30 S/S: Talent Show Practice	6 11- T/A: Make a Meme 1:30-R/A: Music	7
8 S/S: Social Skills C/S: Community Skills R/S: Resource Skills ADL: Adult Daily Living Skills R/A: Relaxation Activity	9 11- P/E: "I will Survive" 1:30-P/S: Men's & Women's Group	10 11- P/E: Affirmations 1:30-S/S: Talent Show Practice	11 11- P/E: "Saying Goodbye to Fear" 1:30 S/S: Talent Show Practice	12 Special Outing 10:30-C/S: Sunflower Festival 1:30- S/S: 2 truths & a lie	13 11- T/A: Soundtrack of your life 1:30- R/A: Music	14
15 S/G: Skills Group	16 11- P/E: Coping Skills 1:30-P/S: Men's & Women's Group	17 11- S/G: Price is Right 1:30-S/S: Talent Show Practice	18 11- P/E: Addiction 1:30-S/S: Talent Show Practice	19 SPECIAL EVENT S/S- TALENT SHOW & COOKOUT	20 Special Outing 10:30-C/S: Greek Festival 1:30: R/A: Music	21
22	23 11- T/A: Worth Jar 1:30-P/S: Men's & Women's Group	24 Special Outing: 10:30-C/S: Bowling 1:30-S/S Role Play	25 SPECIAL EVENT S/S- SEPTEMBER BIRTHDAY CELEBRATION	26 10:30 R/S: Library S/G: Store 1:30 R/A: "Give Me a Minute."	27 STAFF WORK DAY PSR CLOSED	28
29	30 Special Outing 10:30- C/S: Taubman Museum 1:30- P/S: Men's & Women's Group			DAILY SCHEDULE 9- Centers 10- Morning Meeting 11- AM Group	12- Lunch 12:30-1- ADL 1:30- PM Group	* Please see back of Calendar for further details about our groups.