



June 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	31	1
2	3 10 Morning Meeting 11 Reducing Stigma 12 Lunch 1 Empowerment Group	4 10 Morning Meeting 11 Healthy Relationships 12 Lunch 1 Peer Support	5 10 Morning Meeting 11 Chair Yoga 12 Lunch 1 Coping W/ Depression	6 10 Morning Meeting 11 Store/Library 12 Lunch 1 Anxiety Group	7 10 Morning Meeting 11 Music 12 Lunch 1 BINGO	8
9	10 10 Morning Meeting 11 Grounding 12 Lunch 1 Empowerment	11 10 Morning Meeting 11 Peer Support 12 Lunch 1 Jewelry Craft	12 10 Morning Meeting 11 Ice Cream Social 12 Lunch 1 Self Care	13 10 Morning Meeting 11 Store/Library 12 Lunch 1 Compassion Group	14 10 Morning Meeting 11 Music 12 Lunch 1 Exploring Feelings	15
16	17 10 Morning Meeting 11 Anger Mgmt 12 Lunch 1 Empowerment	18 10 Morning Meeting 11 Bowling 12 Lunch 1 Substance Abuse	19 CLOSED	20 10 Morning Meeting 11 Store/Library 12 Lunch 1 Boundaries	21 10 Morning Meeting 11 Music 12 Lunch 1 Journaling	22
23	24 10 Morning Meeting 11 Healthy Habits 12 Lunch 1 Empowerment	25 10 Morning Meeting 11 Watercolors 12 Lunch 1 Relaxation	26 10 Morning Meeting 11 Gardening 12 Lunch 1 BINGO	27 10 Morning Meeting 11 Store/Library 12 Lunch 1 Clay Art	28 10 Morning Meeting 11 Music 12 Lunch 1 June B-Days	29
30	1	2	3	4	5	6

Homemade
GIFTS MADE EASY

Holidays and Observances: 14: Flag Day, 16: Father's Day, 19: Juneteenth