

MARCH 2025



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2 T/J: Therapeutic Journaling P/S: Peer Support P/E: Psychoeducational T/A: Therapeutic Art S/S: Social Skills C/S: Community Skills R/S: Resource Skills ADL: Adult Daily Living Skills	24	25	26	27	28	1
2 R/A: Relaxation Activity S/G: Skills Group	3 11-R/A THERAPUETIC RELAXATION 1:30-P/S PEER SUPPORT	4 11-C/S + S/G BANK & STORE 1:30-S/G + S/S GOOD INTERVIEW BEHAVIOR	5 11-S/G NUTRITION & MINDFUL EATING 1:30-S/S GIVE ME A MINUTE	6 11-S/G TANGLEWOOD 1:30-P/E-CODEPENDENCY	7 11-PE-INNA 1:30-R/A MUSIC	8
9	10 11-S/G+S/S ACCEPTANCE 1:30-S/G HOW TO RESEARCH	11 11-R/S+S/G STORE & LIBRARY 1:30-S/S TRIVIA	12 11-P/C ANXIETY 1:30-S/S 2 TRUTHS & A LIE	13 11-C/S+S/G-DOLLAR TREE 1:30- T/A ST. PAT'S ART ACTIVITY	14 11-PE-INNA 1:30-R/A MUSIC	15
16	17 11-T/J VALUES, IDEAS & BELIEFS 1:30- S/S ST. PAT'S TREATS	18 11-C/S+S/G-BANK & STORE 1:30- S/S Pictionary	19 11-ADL S/G BUDGET & FINANCES 1:30- P/E PASS THE MONSTER	20 11-S/G TANGLEWOOD 1:30- T/J DESERT ISLAND	21 11-PE-INNA 1:30-R/A MUSIC	22
23	24 11-P/E ANA 1:30- P/S PASS THE MONSTER	25 11-S/S BOWLING 1:30- R/A MUSIC	26 11-P/E TRIGGERS & WARNING SIGNS 1:30- T/A SPRING ART ACTIVITY	27 11-S/G WALMART 1:30-S/S KARAOKE	28 PSR CLOSED STAFF WORK DAY	29
30	31 11- P/E IMPULSIVITY 1:30-P/S PEER SUPPORT	1	2	3	4	5 DAILY SCHEDULE 9- CENTERS 10-MORNING MEETING 11- 1ST GROUP 12- LUNCH 1- ADL 1:30: 2ND GROUP 2- END OF DAY

Holidays and Observances: St. Patrick's Day (17)

