



NOVEMBER 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27 T/J: Therapeutic Journaling P/S: Peer Support P/E: Psychoeducational T/A: Therapeutic Art S/S: Social Skills	28	29	30	31	1 11- P/E: Self-esteem 1:30-P/S- Tell me a Story	2
3 C/S: Community Skills R/S: Resource Skills ADL: Adult Daily Living Skills R/A: Relaxation Activity S/G: Skills Group	4 11-P/E: Coping Skills 1:30-P/E+P/S- Mindfulness Bingo	5 11-P/S: Tell Me Something Tuesday 1:30 T/J: Best Month Ever	6 11-T/J + T/A: Gratitude Activity 1:30-P/S: Finding your Higher Power	7 C/S + R/S-10: Mrs. Dorsey's Clothes Closet 1:30- S/S: November Birthday Celebration	8 11- ADL + C/S: Store 1:30- R/A: Music	9
10	11 11- P/E: One Week Health Challenge 1:30- S/S: BINGO	12 11-C/S + S/G: Walmart 1:30-ADL: ADL skills Jeopardy	13 11-P/E+ T/J- Self-Awareness 1:30-P/S: Finding your Higher Power	14 EXTENDED DAY SPECIAL EVENT: JOHNSON'S APPLE ORCHARD	15 11- T/J- Positive Self-Talk 1:30- R/A: Music	16
17	18 11- P/E: Trauma Triangle 1:30-R/A + P/E: Metaphors For Me	19 11-C/S + R/S: Store/Library 1:30- ADL: Deep Clean PSR	20 11- ADL: Manners & Etiquette 1:30-P/S: Finding your Higher Power	21 PSR THANKSGIVING LUNCHEON	22 11-P/S: Achieving Goals 1:30- R/A: Music	23 DAILY SCHEDULE 9- CENTERS 10-MORNING MEETING
24	25 11-T/J: Happiness Audit 1:30-P/E: Change the Message	26 11- S/S: Bowling 1:30-ADL: Cooking with AI	27 11- ADL: The Price is Right 1:30-P/S: Finding your Higher Power	28 THANKSGIVING PSR CLOSED	29 PSR CLOSED	30 11- 1ST GROUP 12- LUNCH 1- ADL 1:30: 2ND GROUP 2- END OF DAY

Holidays and Observances: 5: Election Day, 11: Veterans Day, 28: Thanksgiving Day, 29: Black Friday