



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
TJ: Therapeutic Journaling PS: Peer Support PE Psychoeducational TA: Therapeutic Art SS: Social Skills CS: Community Skills 28	29	30	PE 11- Patience v. Tolerance 1 TJ 1- Journaling	ADL 11- Store & Bank 2 AM 1- Create Affirmations	PS 11- Pass the Monster 3 RA 1- Music	4
RS: Resource Skills 5 ADL: Adult Daily Living RA: Relaxation Activity SG: Skills Group AM: Adaptive Management	SG 11- ASIST TRAINING 6 RA 1- Guided Relaxation	ADL 11- Budgeting 7 SS 1- Bingo	AM 11- Taking Ownership 8 TA 1- Holiday Craft	CS 11- Spirit Halloween 9 PS 1- Boundaries	TJ 11- Journaling 10 RA 1- Music	11
12	AM 11- Shame & Guilt 13 PS 1- Peer Support	SG 11- CPR/ First Aid 14 SS 1- Karaoke	PE 11- Emotional Intelligence 15 SS 1- Mad Libs	ADL 11- Walmart 16 SS- 1 Trivia	TA 11- Vision Boards 17 RA 1- Music	18
19	AM 11- Mending Relationships 20 RA 1- Guided Relaxation	SG 11- Protection from infectious illnesses 21 SS 1- Bingo	SG 11 Emergency Planning 22 PS 1- Pass the Monster	ADL 11- Store & Library 23 TA 1- Making Wind Chimes	TA 11- Emotional Pictionary 24 RA 1- Music	25
26	PS 11- Building Self- Confidence 27 RA 1- Trivia	PS 11- Men & Women's Group 28 SS 1- Karaoke	SG 11- Willingness v. Willpower 29 PS 1- Peer Support	SS ALL DAY 30 HALLOWEEN/ OCTOBER BIRTHDAYS PARTY	PSR 31 CLOSED HAPPY HALLOWEEN!!!	1

Holidays and Observances: 13: Columbus Day, 31: Halloween

BE AWARE All PSR activities are subject to change to the discretion of the clinical director, program supervisor, staff and weather.

Homemade
GIFTS MADE EASY